Content warning: harassment will be discussed

# An Investigation of Teenager Experiences in Social Virtual Reality from Teenagers', Parents', and Bystanders' Perspectives

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### What is Social Virtual Reality?

Social VR refers to virtual reality platforms designed to facilitate social interactions between multiple users.

Users' real-life motions and actions are mirrored in the virtual environment through their avatars,



#### **Children and the Virtual World**

- 17% of children age 8 to 18 report having a VR headset
   n = 1306 (Common Sense Media, 2022)
- 22% of tweens (ages 8 to 12) and 27% of teens (ages 13 to 18) have ever tried virtual reality (Common Sense Media, 2022)

- VRChat has currently approximately 190.7k
   players daily in the US (MMO STATS, 2022)
- Rec Room has currently approximately 23.5k players daily (MMO STATS, 2022)



#### **Multi-Stakeholder Perspectives**





Metaverse app allows kids into virtual strip clubs

February 23, 2022

Parents







Meta to let parents limit teenager's virtual-reality exploration

March 17, 2022



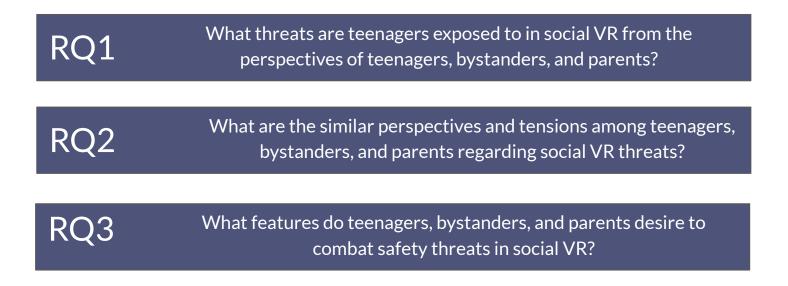




Virtual Reality Puts Adults in a Child's World

July 16, 2023

#### **Research Questions**



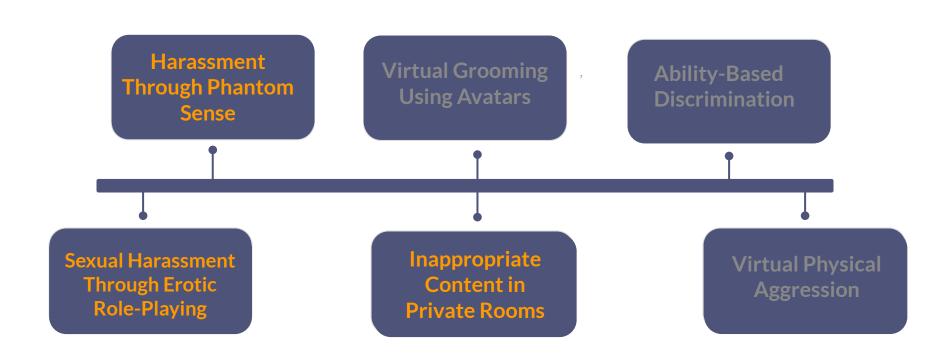
#### **Method: 23 interviews**

- Participants:
  - ➤ Teenagers aged 13-17 (n=8)
  - $\triangleright$  Bystanders aged 18 and above (n=9)
  - Parents (n=6) (non-familial)



- Recruitment: Reddit, Discord, snowball sampling
- Platforms: Rec Room, VRChat, Gorilla Tag, Bigscreen, Altspacevr
- Method: Thematic analysis

## Finding: What Are the Safety Threats Teenagers Face in Social VR?



### Finding: Potential Threats in a Private Room

- Users can create or join private rooms, which are invitation-only spaces.
- Only the creators of private rooms are responsible for the safety of the platform.



"I've seen it [adult content] quite a few times on Big Screen. Adults will ask a child to join them in a private room and send a link to it. Or they'll open a room, then make it private when you're in there [...]

I've seen porn movies in open rooms in Bigscreen. They're supposed to be safe so children don't see them. But they're not." Parent 23 (53, male)

## Finding: "Feel" Virtual Harassment Through Phantom Sense

- The user's brain creates the illusion of touch, blurring the lines between the physical and virtual realms.
- Unwanted touches and being harassed



"I have phantom sense on my arm, forehead, and nose too. It's not good to have it though. I regret mentioning I had it. If people know about it, a lot of them will abuse me. It feels like someone is scratching me, it's itchy ... I took off my headset like it makes me feel uncomfortable when they get close." -Teenager 8 (17 years old, female)

### Finding: Sexual Harassment Through Erotic Role-Playing Avatar (ERP)

- Performed mostly or exclusively for sexual behavior and intentions
- Some people use avatars with sexual connotation in public places
- Available to teenagers through 3rd party platforms



"I think he was just a 15-year-old who reached out to someone who did ERP [through Discord], and he released his age to the person in the ERP but still went through it. They allowed him to have some sort of ERP, even knowing his age" - Bystander 11 (21 years old, male)

### Comparisons: Teenagers engagement in ERP-related activities in social VR



Teenagers were not aware of ERP





- Parents reported teenagers faced ERP avatars in public world (e.g., lap dancing)
- Bystanders reported there is easy access to ERP through Discord channel

# Comparisons: The transition from teenage victims to unintentional predators in social VR



Teenagers described phantom sense as a cool experience



Bystanders reported some teenagers unintentionally exploited the phantom sense, resulting in harassing behavior towards other users

#### **Discussion:** Lack of social norms in social VR

Social VR mirrors the complexity of our physical world, encompassing diverse users, events, and activities.

- The norms governing our physical world may not seamlessly apply to social VR settings
  - Example: Drinking alcohol in a virtual bar.

### Discussion: Technological limitations and barriers

- Moderators were not readily available in private rooms where safety threats were quite common.
  - Privates places can unwittingly foster harmful activities like grooming and bullying among teenagers

- The avatar creation and customization
  - Social VR platforms lacked control over third-party tools and lacked effective mechanisms to filter customized avatars

### **Design Recommendations for Social VR**



Teenager prefer to interact with peers



Moderators and parents should be notified when this feature is activated by teenagers



Offering short lessons about teenager safety in social VR.

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