

# Holistic Control-Flow Protection on Real-Time Embedded Systems with Kage

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# Microcontroller (MCU)

Drone



Home IoT



SSD Controller



**Vulnerable to  
control-flow  
hijacking!**

Automobile



# Control-Flow Hijacking

- Code injection
- Return to libc
- Return-oriented programming
- Jump-oriented programming

All begins by overwriting control data!

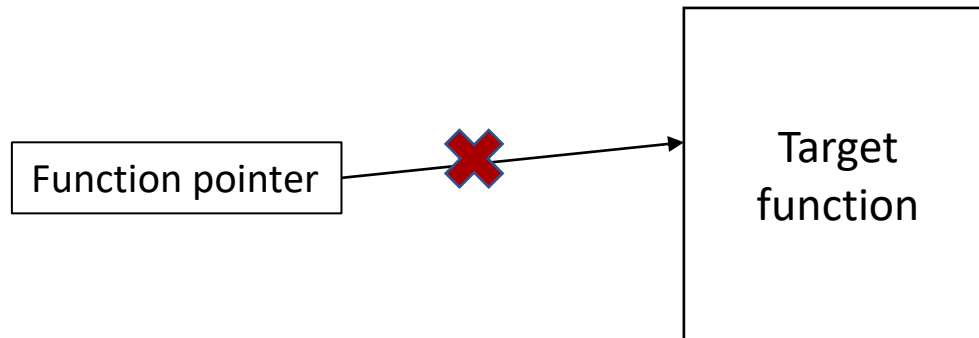
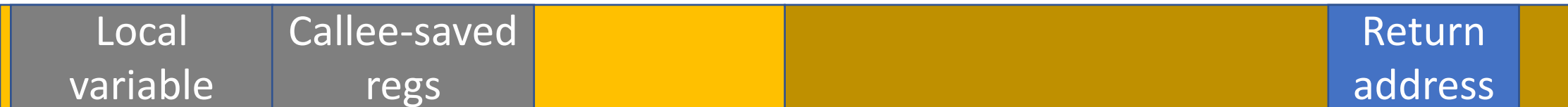


# Common Defenses

- Memory safe language
- Address space layout randomization
- Shadow stack + control-flow integrity (CFI) check

# Common Defenses

Shadow stack (Chiueh and Hsu. ICDCS 2001) + control-flow integrity (CFI) check (Abadi et al. CCS 2005)



# Shadow Stack + CFI Check

Previous work in MCU-based embedded devices

Name	Supports OS	Return Address	Function Pointer	Processor State	Input Validation for Kernel API	Performance Overhead
CaRE <sup>1</sup>	×	✓	✓	—	—	13%-513%*
Silhouette <sup>2</sup>	×	✓	✓	—	—	1.3%
RECFISH <sup>3</sup>	✓	✓	✓	△	×	21%

1. Nyman et al. RAID 2017

2. Zhou et al. USENIX Security 2020

3. Walls et al. ECRTS 2019

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RECFISH <sup>3</sup>	✓	✓	✓	△	✗	21%
<b>Kage</b>	✓	✓	✓	✓	✓	5.19%

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# Kage

- Efficient control-flow hijacking defense on existing ARMv7 devices with real-time operating system
- FreeRTOS-based Implementation for ARMv7-M devices
  - No ARM TrustZone
  - Memory protection unit (MPU)
    - Read, write, execute

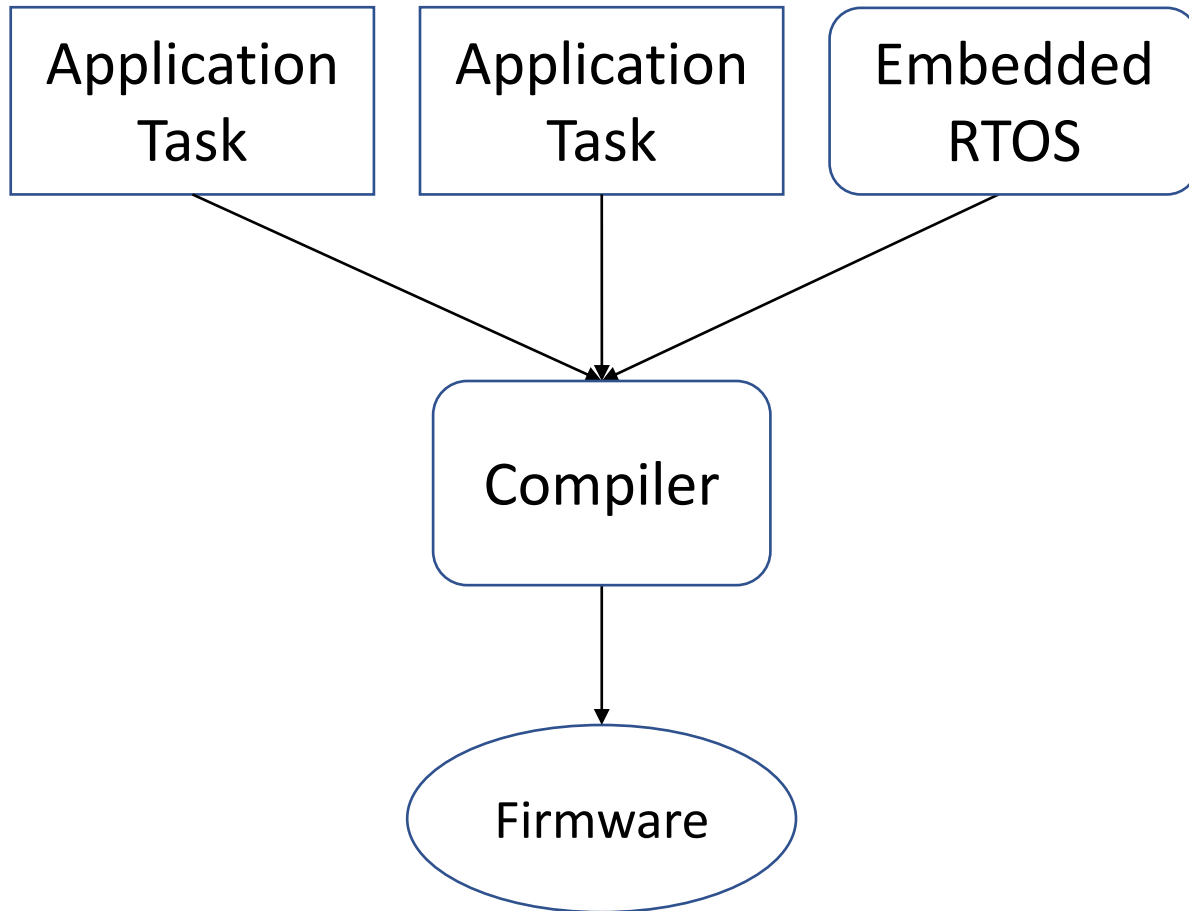
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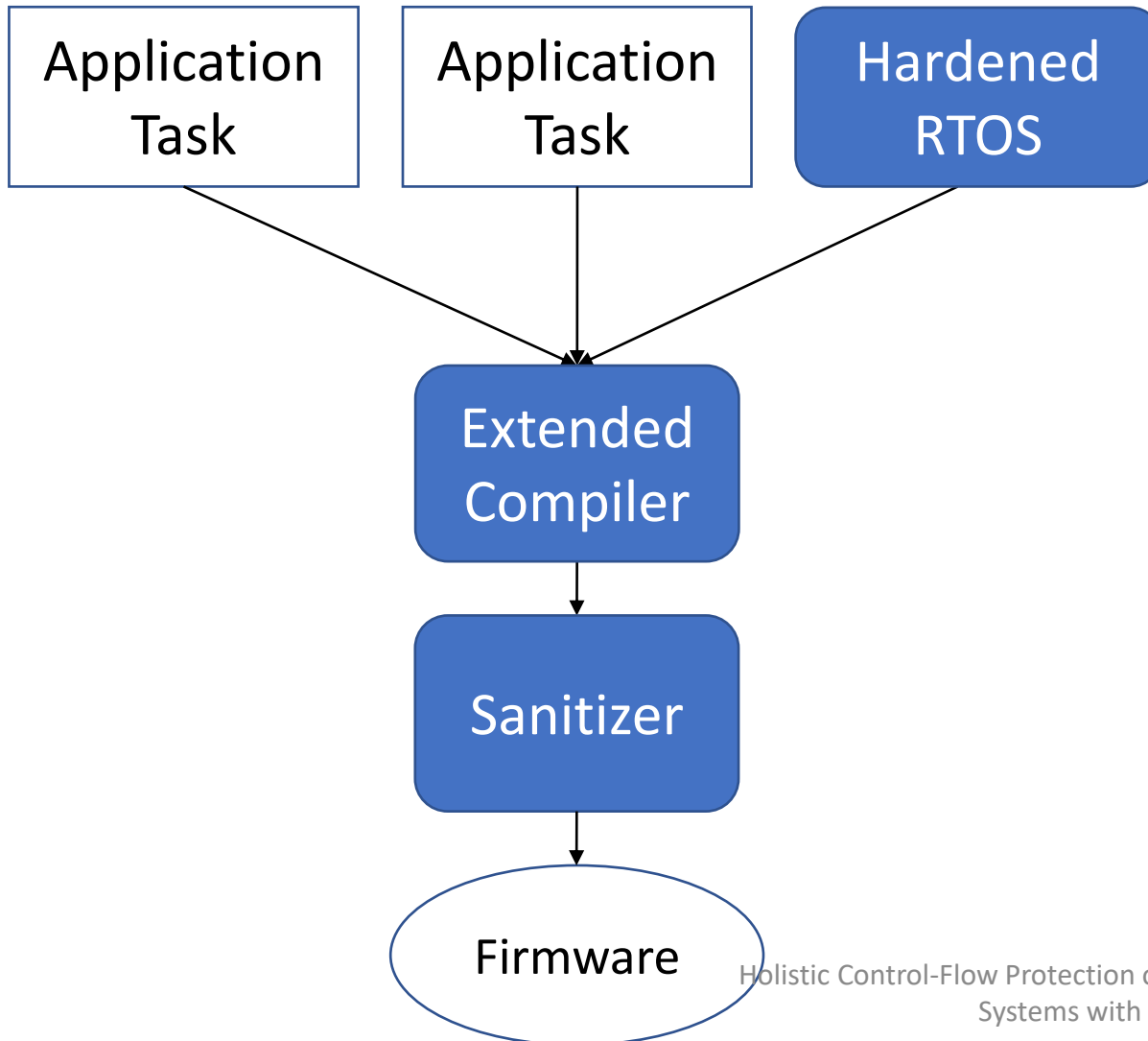
(Shadow)



# Workflow for Firmware Developers



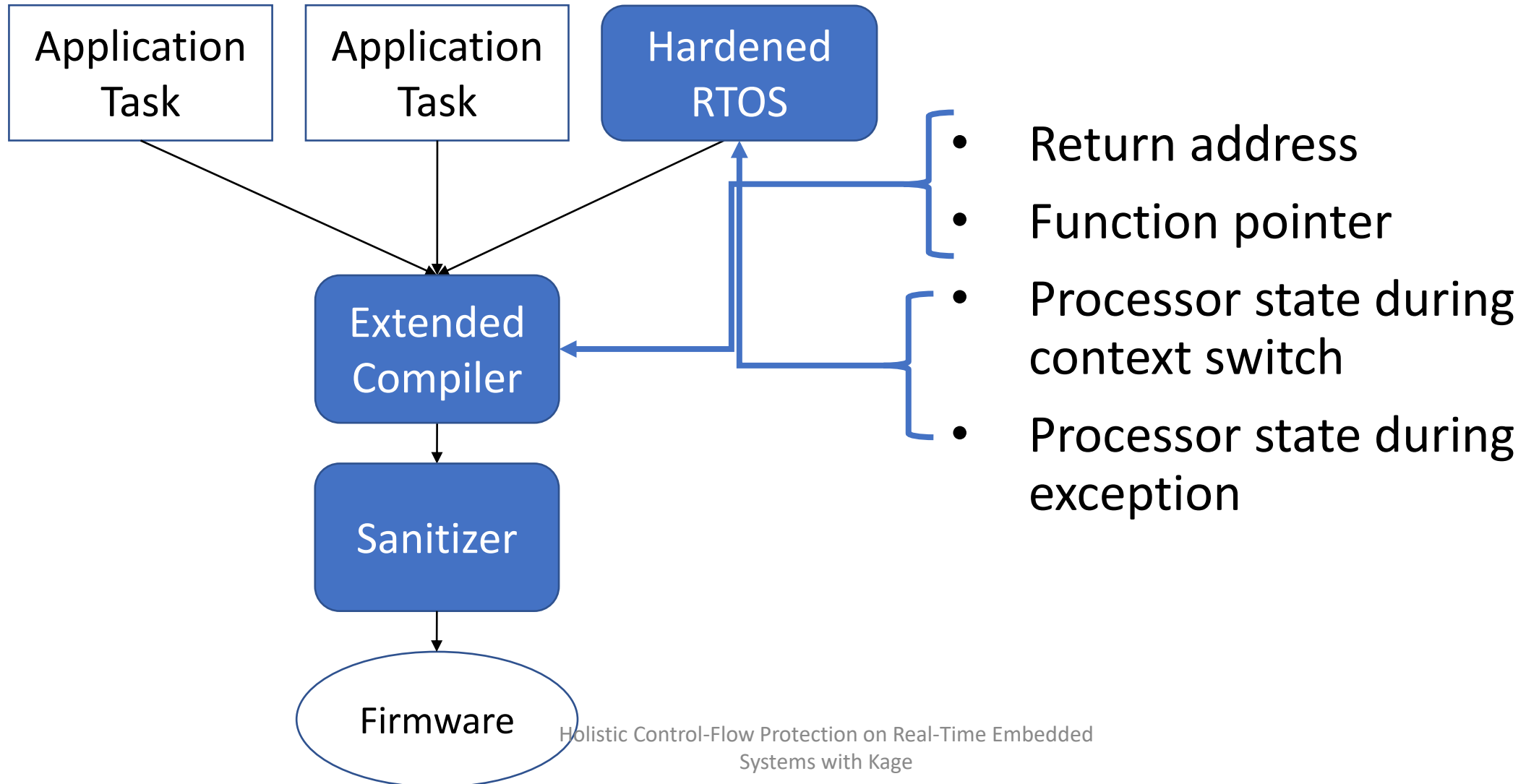
# Kage Design



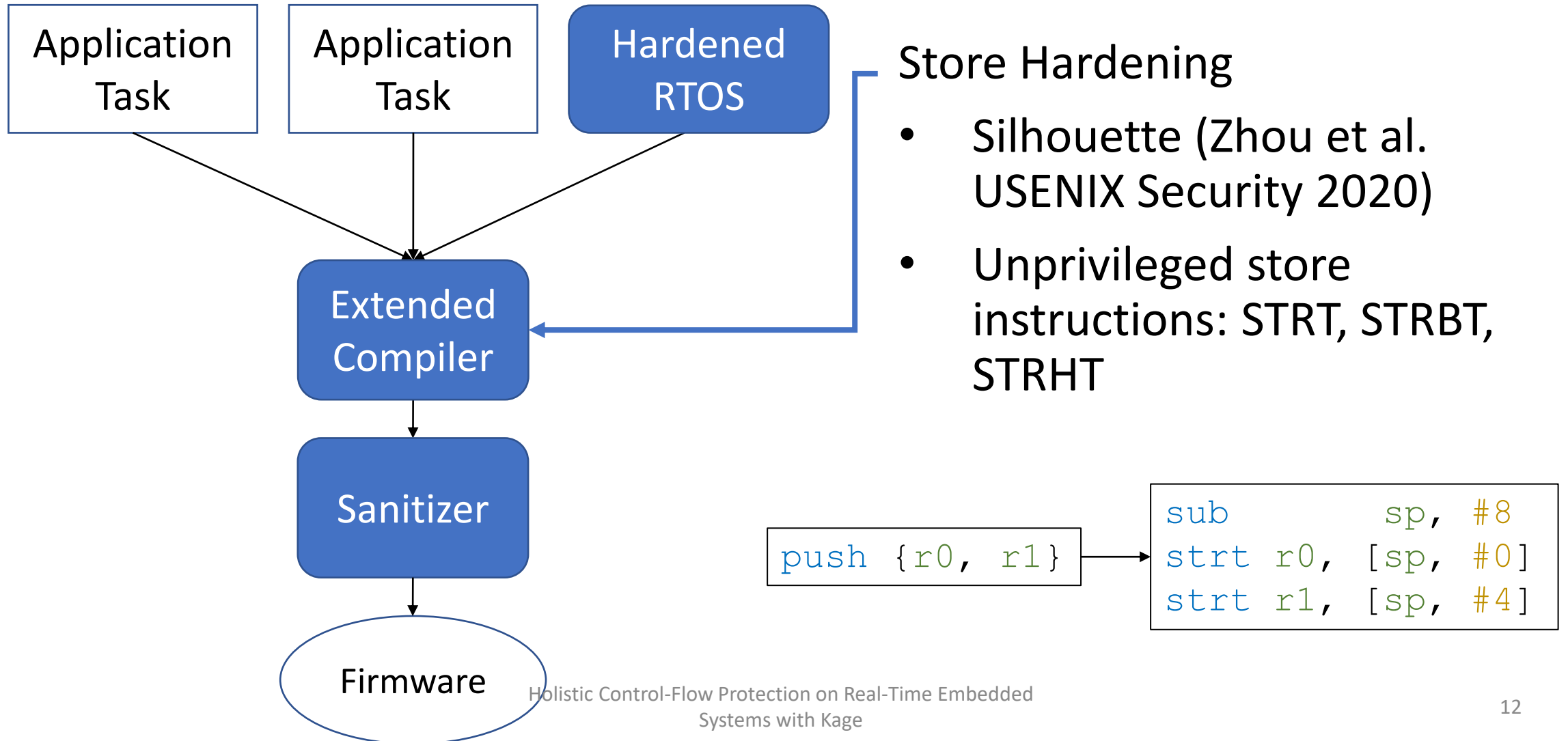
## Highlights:

- Protects control data efficiently
- Prevents bypassing the protections

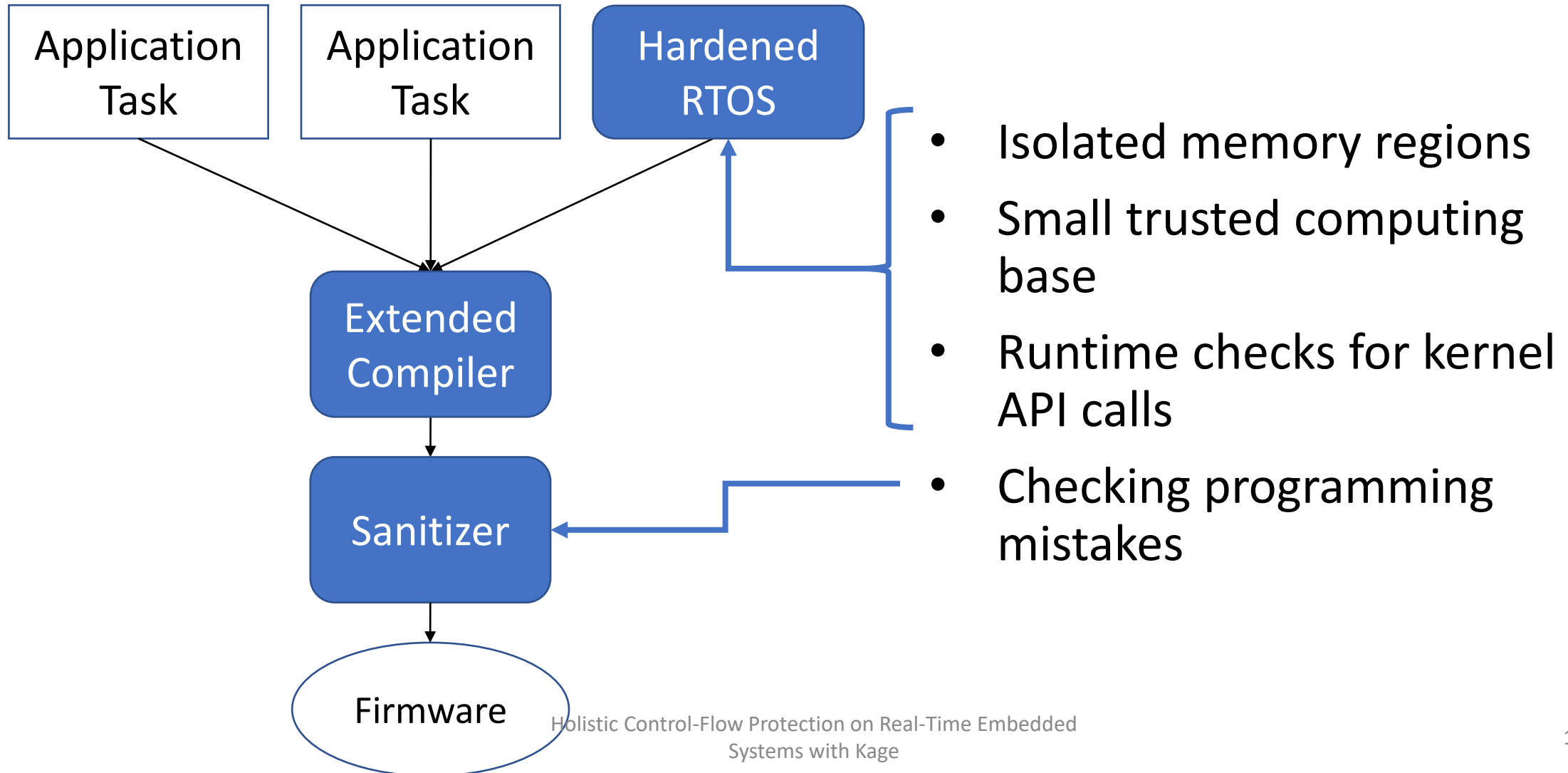
# Design: Protecting Control Data



# Design: Efficient Memory Access Control



# Design: Preventing Bypass



# Evaluation

- Performance impact on embedded application
- Performance overhead of each individual mechanism
- Effectiveness against return-oriented programming



# Experimental Setup

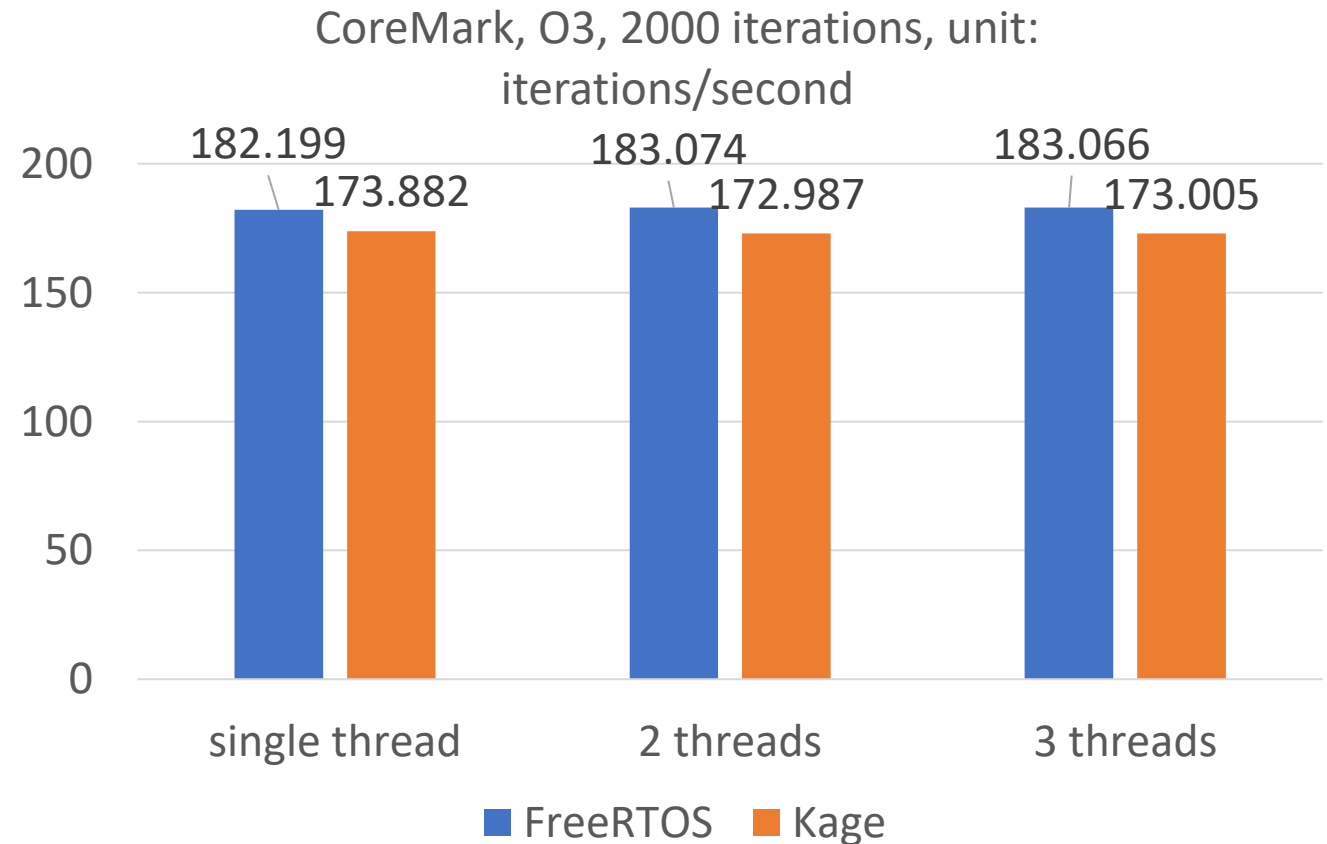
- Hardware: STM32L475 IoT Node
- Benchmark: CoreMark
- Baseline: Default FreeRTOS compiled with LLVM 9
- Average of 3 runs



**CoreMark<sup>®</sup>**  
An EEMBC Benchmark

# Performance Evaluation Results

- Average: 5.19% overhead
- Slightly higher overhead with more threads
  - 4.56% for single thread
  - 5.50% for 3 threads





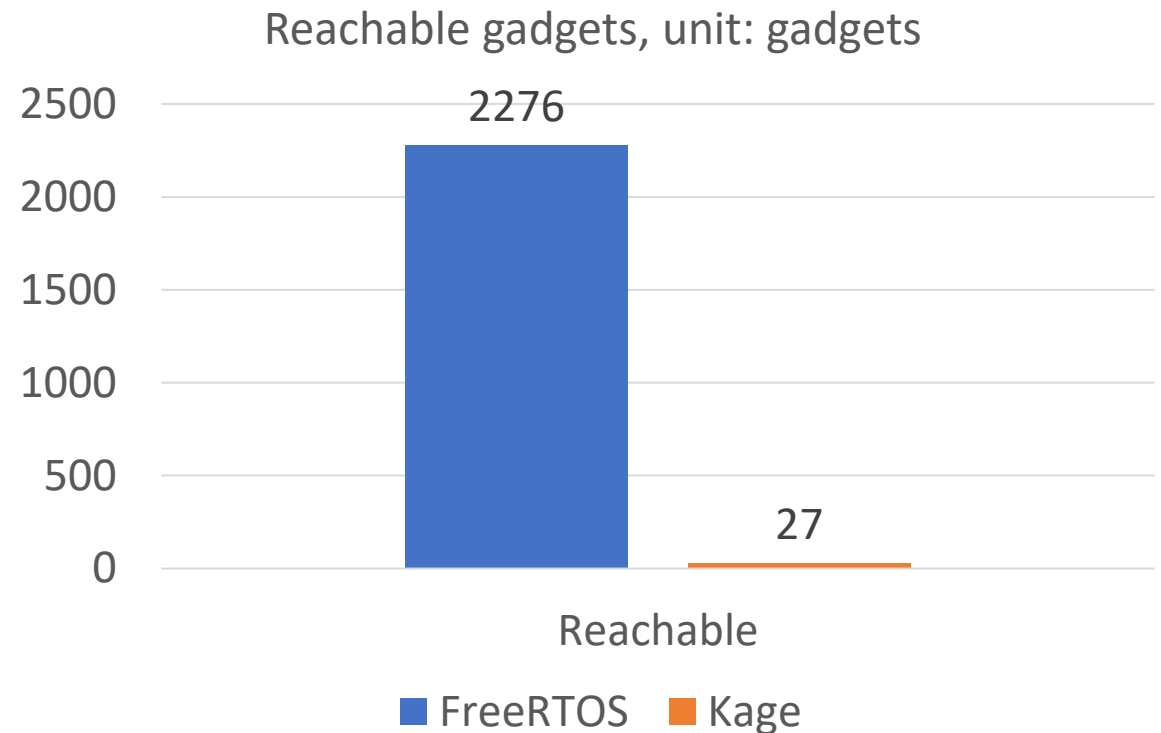
# Security Evaluation Setup

- CoreMark firmware with 3 threads
- ROPGadget in ARMv7-M instruction set
- Analyzed reachable gadgets for effectiveness



# Security Evaluation Results

- 98.8% less reachable gadgets
- 27 remaining gadgets
  - 17 in the beginning of application function
  - 10 immediately after direct call in application
  - All ends in return or direct call
  - Cannot be stitched together



# Conclusion



- We presented Kage, an efficient control-flow hijacking defense for ARMv7 architectures with RTOS
- Kage protects control data including return address, function pointer, and processor state, and Kage prevents bypassing the protections
- Kage incurs only 5.19% performance overhead in CoreMark benchmark, lower than previous work
- Open source: <https://github.com/URSec/Kage>