

Hacking Health

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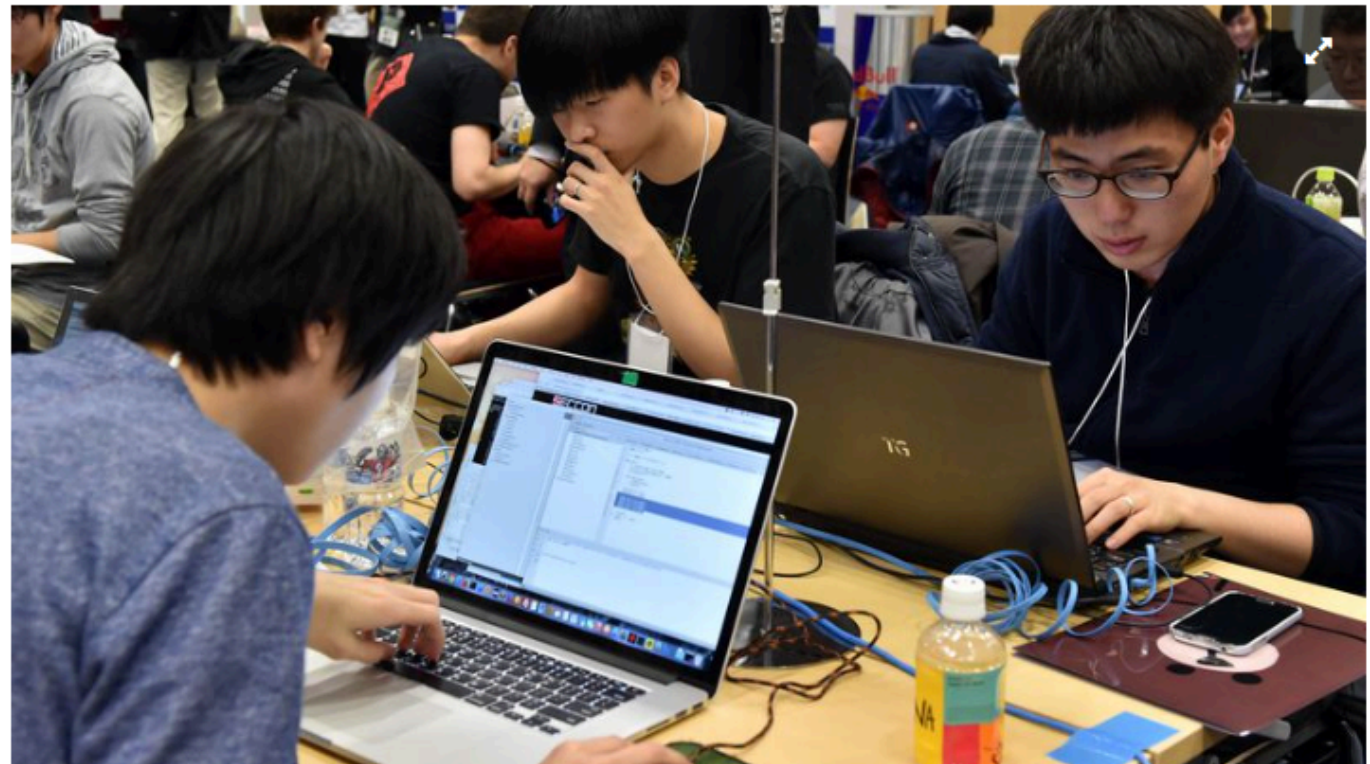
China Unable To Recruit Hackers Fast Enough To Keep Up With Vulnerabilities In U.S. Security Systems

NEWS IN BRIEF

October 26, 2015

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News · Technology · World ·
China



My first security evaluation, 2003



- Rental receipt with printed CC #
- Easy access to consumer data
- Poor data security practices
- Weak authentication, if any

Founded security evaluation company



Getting to know Health IT Security

- In 2009, transitioned from e-voting security
 - To healthcare IT security
- Began with IT-focused tours of several hospitals
 - Radiology, Pathology, Children's hospital, etc.
 - About 6 visits
 - Security situation was abysmal
 - 8,000 hospital employees 100% access
 - Nurse w/ "special task"
 - Home VPN as bridge
 - Desktop EHR access



Example: X-rays

Old way:



New way:



NEWS

Attackers targeting medical devices to bypass hospital security



Credit: [U.S. Navy](#)

Other important devices remain neglected on the hospital's network

CSO | Jun 4, 2015 3:49 AM PT

MORE LIKE THIS



Healthcare organizations face unique security challenges



New weapon: hope against advanced attacks



Old-school vendors' tricks

on IDG Answers ➔

If I buy a Chromebook, how do I get to grips with OS to windows?



 **LoaRh**

- Blood Gas Analyzers (BGA) compromised
- PACS system compromised

NEWS

Cyberattacks will compromise 1-in-3 healthcare records next year

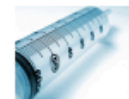


Credit: Shutterstock

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Hospital tests lag time robotic surgery 1,200 r away from doctor



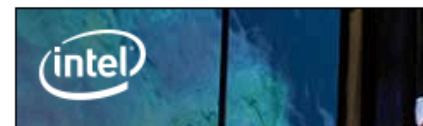
Penn Medicine's big da system triggers early d of life-threatening...



Intel to pilot cloud tec for sharing personalize treatment

on IDG Answers ➔

How to turn on Windows 10's 'Find M Device' feature?



Healthcare is Unique

- The players:
 - Doctors
 - (God complex; don't like new ways of doing things)
 - Patients
 - (often not tech savvy; don't follow instructions)
 - Includes all of us
 - Nurses & other Clinical staff
 - Regulators: Congress, FDA
 - (well meaning; may not understand implications)
 - Insurance companies
 - Medical device manufacturers
 - Entrepreneurs
 - Mobile, Wearables,
 - Internet of Things



Healthcare applications

- Connectivity
 - Modern devices, always connected, always on
 - Databases always online
- Mobile/cloud
 - Data in multiple places
 - Data owner not in possession of data
- Expectation that data is always available



Key point: most interaction with health data controlled by
SOFTWARE

Controlled by software

- Radiation dosage
- Dosage of medication
- Stocking of supplies in ICU
- Shift schedule for Doctors & Nurses
- EHRs
- Drug dispensing robot
- Communications of devices



Threat model:

Anything controlled by software is potentially exploitable.



Hackers Can Wirelessly Upload Malware to a Fitbit in 10 Seconds



Adam Clark Estes

Filed to: SECURITY 10/21/15 5:05pm

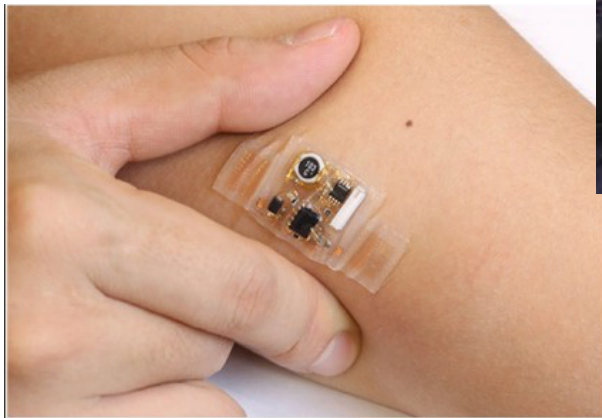
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1

Wearables are like hacker candy. They represent a new category of technology that's capable of storing data—including malware—that people don't expect to get pwned. But [that's exactly what just happened](#): Hackers figured out how to remotely upload malware to a Fitbit. It only takes ten seconds.







Biggest bang for the buck



1. Application whitelisting on medical devices
2. Hygiene for backend systems
3. Database Activity Monitoring – anomalous queries
4. Multifactor authentication for remote access
5. Virtualization for access to clinical data
6. Universal encryption of data
7. Terms of agreement with cloud service providers
8. Automated support for security in chart accesses
9. Privacy for self-identify data (e.g. genome sequences)
 - HIPAA safeguards inadequate
10. Authentication for clinical personnel

Final Thoughts

- Healthcare Sector has unique security challenges due to:
 - regulatory environment
 - Stakeholders
 - Dependence on software
 - Availability requirements for data
 - Affects us all personally!
 - Trend towards cloud/mobile
- Need to consider security implications of new technologies, e.g. network-connected infusion pumps



Speaker information

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