How to be your Security Team's Best Friend



Why listen to me talk about Ops and Security?

PAST

- UNIX SysAdmin/Operations background
- Transitioned to Security Incident Response/Security Research

CURRENT

- Senior Security Engineer at AGARI.
- Mentor for SANS' Women's CyberTalent Immersion Academy

CONTACT

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Talk Agenda

- 1. Introduction
- 2. CIS Critical Security Controls
- 3. More Security Thoughts

Standard Disclaimer: The opinions expressed in this talk are my own and do not represent the views of my employer.

Non-Standard Disclaimer: I hope you like cat photos.



Broke: I wish I worked in Computer Security it's so cool compared to Ops Woke: Your Ops ass already works in Computer Security

4:51 PM - 11 May 2018

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Not Rocket Science



The CIS Critical Security Controls

- Industry consensus guidelines
- Your security/compliance officer likes these
- 3 types: Basic, Foundational, and Organizational¹
- 1. #TeamOxfordComma



#1: Hardware / Asset Inventory



CSC 1: Inventory and Control of Hardware Assets

Questions you need to answer about your hardware/instances/containers:

- Network Access Control how do you know what's on your network?
- Automation how do you keep your assets in a known state?
- Asset Management how do you keep track of assets?
 - No, saying "a spreadsheet" or "a database" doesn't count





#2: Software Inventory



CSC 2: Inventory and Control of Software Assets

Questions you need to answer about your software:

- What software is running/installed in your infrastructure?
- Who installed the software?
- What does the software do?



Track Expiration Dates Too

- Software Licenses
- Domains
- SSL Certificates

Don't be this site







#3: Continuous Vulnerability Management



CSC 3: Continuous Vulnerability Management: Scanning

- Logos create buzz!
- Scan early, scan often
 - Authenticated and non-authenticated
- Scan from inside and outside your perimeter²

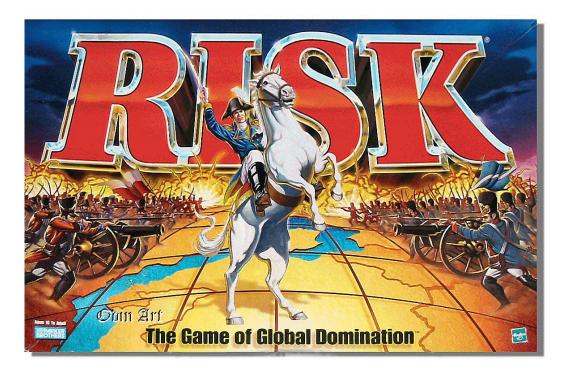


2. If you have a perimeter



A digression: Threat + Vulnerability =

Risk





CSC 3: Continuous Vulnerability Management: Patching

- Understand your risks, and remediate the serious vulnerabilities.
 - Highest risk first is the best practice
- Use your automation to ensure updates are applied everywhere.
 - Though maybe you test first before you upgrade Python/Ruby in your Production environment...





CSC 4: Controlled Use of Admin Privileges

- Separate out admin accounts from user accounts if you can.
- Use groups or roles.
- Consider functional names for your groups.
 - "sec-logging-read-only" is more informative than "logging"



Least Privilege, Passwords, and Passphrases

Any resemblance to actual companies, existing or defunct, or actual events, is purely coincidental.

What if there was a company that didn't set a root password for their databases...

What if there was a company that didn't change default credentials to the admin interface of their website...

What if there was a company that let everyone ssh in as root...





#5: Secure Default Configs



CSC 5: Secure Configuration for Hardware and Software on Mobile Devices, Laptops, Workstations, and Servers

- Base your secure configs on a security standard.
- Don't install software you don't need to run your systems!
- Use Automation/Configuration Management tools to enforce security.
- Regularly evaluate the security of your Gold Images.
- Transition from policies to automation as your company grows.





#6: Log All the Things, and **Review** the Logs



CSC 6: Maintenance, Monitoring, and Analysis of Audit Logs

- Log all the things.
 - Systems, security devices, applications, access points
- Collect all your logs somewhere and review them.
 - Review: not all done by hand!
- Outbound traffic is always interesting.



Plus 14 More

- Email and Web Browser
 Protections
- Malware Defenses
- Limitation and Control of Network
 Ports, Protocols, and Services
- Data Recovery Capabilities
- Secure Configuration for Network Devices, such as Firewalls, Routers, and Switches
- Boundary Defense
- Data Protection

- Controlled Access Based on the Need to Know
- Wireless Access Control
- Account Monitoring and Control
- Implement a Security Awareness and Training Program
- Application Software Security
- Incident Response and Management
- Penetration Tests and Red Team Exercises



Data
Protection:
it's been in
the news a
lot lately





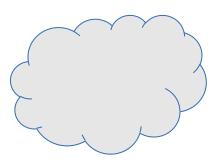
Emily Gladstone Cole

@unixgeekem

Think before you check into GitHub

So many **interesting** things can be found in publicly-available GitHub repositories:

- Hardcoded passwords
- AWS Keys
- SSH Keys
- PGP Private Keys
- Internal hostnames





Think AFTER you check into GitHub

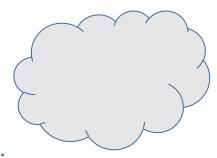
So you've checked in some sensitive information?

- If you commit over it, it's still in your commit history.
- Remove that commit.
- Rotate those credentials.
- Use TruffleHog to search for any remaining sensitive data in your old commits.





Remember those S3 Buckets



- AWS now sets S3 Buckets to be private by default.
- Amazon Macie monitors S3 to find insecure buckets.
- AWS Trusted Advisor will tell you about insecure buckets.
- Pro Tip: the "Authenticated Users" group means anyone who has logged in to any AWS account, not just yours!



But Wait, There's More



Security Mindset

What would a malicious user do?

How can someone manipulate this URL?

Can someone submit a modified form?

What do my error messages tell an attacker about my infrastructure?



Security and Technical Debt

Like logging, security is harder to do well when you're adding it on after the fact.

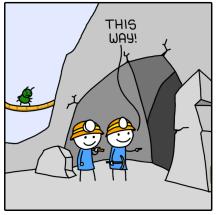
"I'll set up security later" - will management let you fix that later if they don't agree it's important to work on security now?



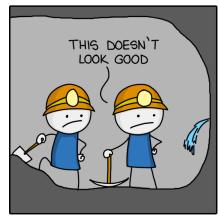
Please address your technical debt.

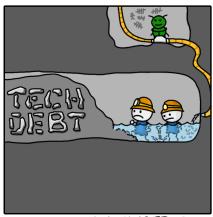
Your security team can help prioritize it if you like.

TECH DEBT









MONKEYUSER.COM

@unixgeekem



Security technical debt is not friendly credit card debt. Security technical debt is the kind where the debt collector mails you a piece of someone precious to you as a reminder when a payment is overdue. --unixorn on Hangops



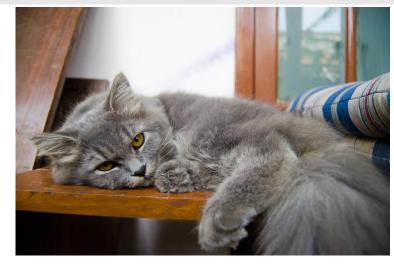
Some other good Security Practices

- Use secure coding principles (OWASP can help define these).
 - Remember to sanitize those inputs (aka Data Validation)
- Build security tests into your CI/CD pipeline.
- External reviewers can find things you miss.
- Diverse teammates bring different perspectives and make your products and company stronger. Listen to them.



Summing Up

- Keeping an inventory helps for security, operations, and lifecycle management.
- Perfect security can be hard. The basics aren't.
- Don't blame users for security issues.
 Write/buy better tools for them instead.





TL;DR - Ops probably already is your security team's best friend.

You're already doing most of the things I discussed, right? If not, please consider doing them.
Your security team will thank you.





Thank you



References

- CIS Critical Security Controls: https://www.cisecurity.org/controls/
- NIST 800-53 Framework: https://nvd.nist.gov/800-53
- https://blog.rapid7.com/2017/04/19/the-cis-critical-security-controls-series/
- Rob Joyce at Enigma 2016: https://www.youtube.com/watch?v=bDJb8WOJYdA
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- truffleHog finds secrets in GitHub repos: https://github.com/dxa4481/truffleHog
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- Cat images from pexels.com



Got Questions?

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- @unixgeekem on Hangops











