Experiences with Honey-Patching in Active Cyber Security Education

Frederico Araujo
Mohammad Shapouri
Sonakshi Pandey
Kevin Hamlen

The University of Texas at Dallas

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Cyber Deception Increasingly Important

- Advanced malware attacks often undertake elaborate user deceptions
  - Stuxnet's replaying of pre-recorded equipment readings
  - over $23K losses per day due to government official impersonation according to FBI
- Modern cyber defenders must be aware of attacker's strategies and techniques in order to anticipate their actions
  - "think like an attacker"
  - skills for creating and mitigating deceptive software
  - limit attack surface exposed to cyber criminals
- U.S. Air Force focus area: Cyber Deception, 2015

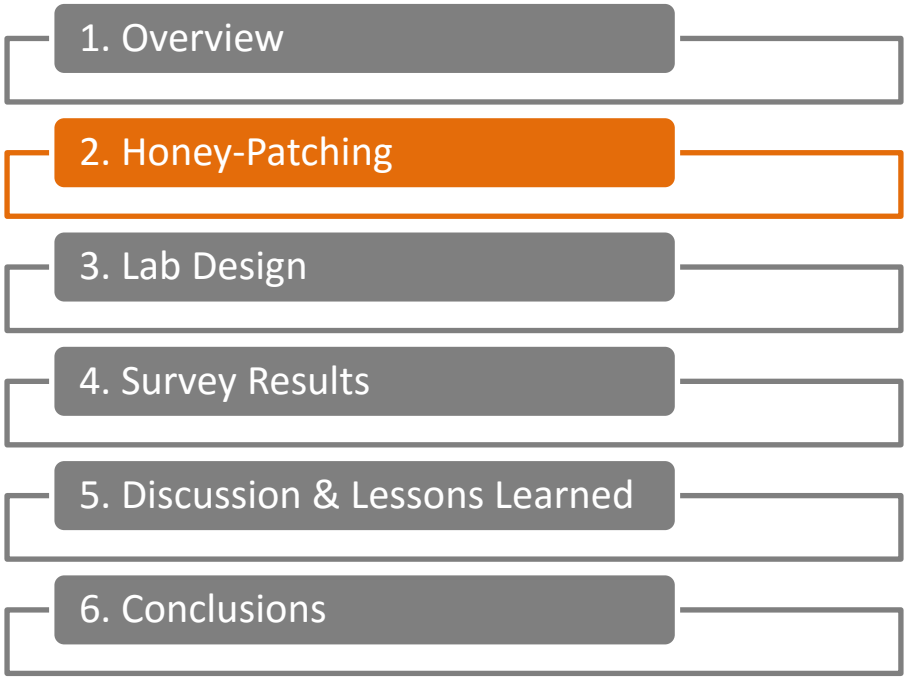
Challenges of Teaching Cyber Deception

- Cyber deception defense is exceptionally difficult to convey effectively in a traditional classroom
  - structured lectures and assignments
  - rehearsed, time-honored mode of thinking
  - antithetical to real-world encounters involving advanced attackers
- CTF are a promising approach for teaching practical active defense
  - often omit Cyber Deception

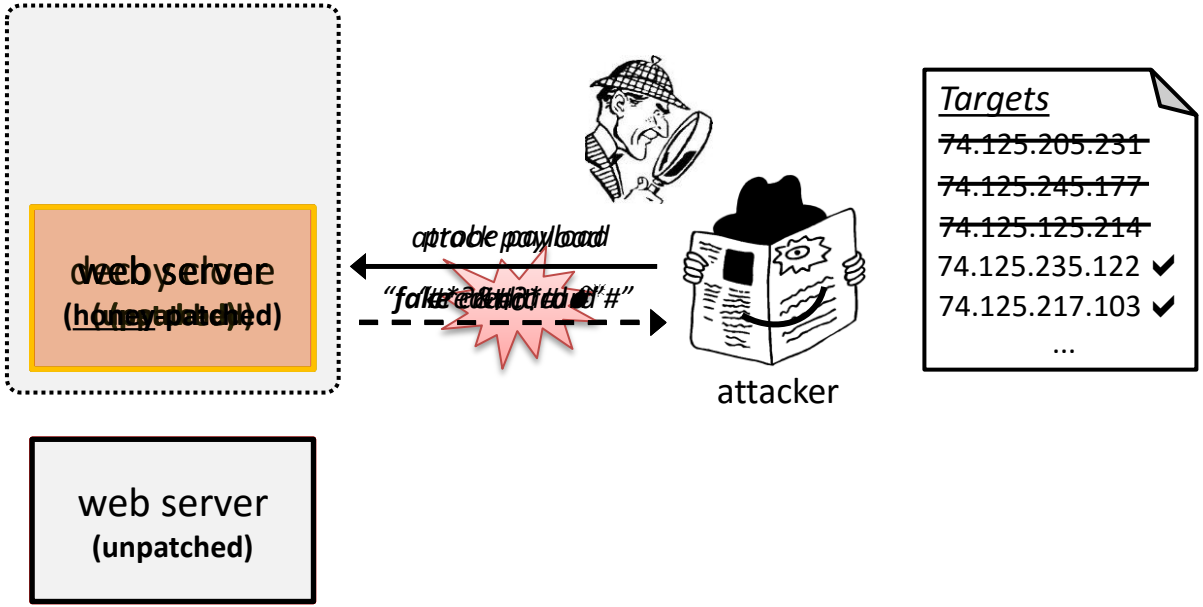
Cyber Deception Education Lab

- Lab designed to teach active cyber defense and attacker-deception to CS students
  - strategy for effectively communicating deceptive technical skills
  - leveraging the new paradigm of *honey-patching [CCS'14]*
- Honey-patching used to teach cyber deception in ways that overcome the otherwise predictable classroom environment
- Lab organized with the help of UTD's Computer Security Group student association
  - covered by UTD IRB approval MR15-185
  - conducted by personnel NIH-certified in protection of human subjects

Outline


1. Overview
2. Honey-Patching
3. Lab Design
4. Survey Results
5. Discussion & Lessons Learned
6. Conclusions

Honey-Patching



Honey-Patching

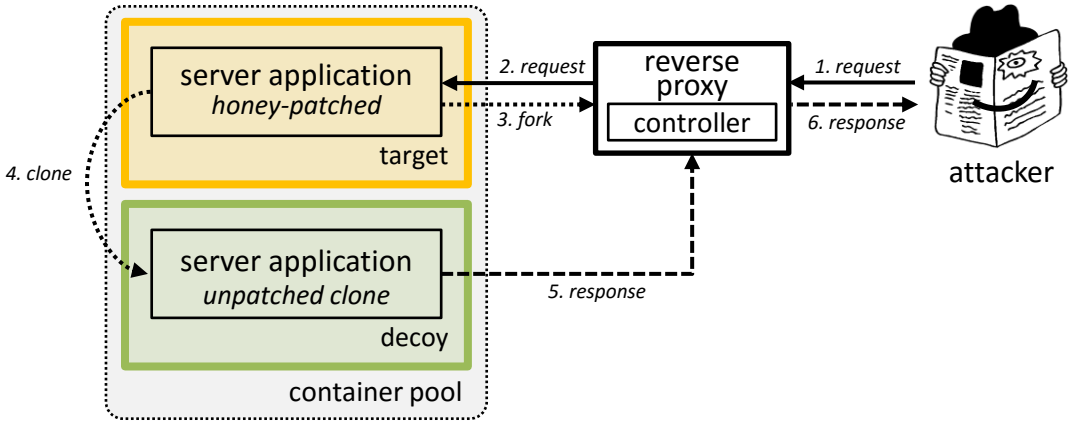
patch

```
1  +    if (attack detected)
2  +        reject;
```

honey-patch

```
1  +    if (attack detected)
2  +        fork to decoy;
```

Honey-Patching



Advantages

- Frustrate attacker vulnerability-probing
  - mask patching lapses
  - increase attacker risk
- Collect preparatory counterreconnaissance against *directed* attacks
  - Honeypot lives *inside* the live server, not as a separate decoy machine
- Unique opportunities for attacker disinformation and misdirection
  - Keep attackers “on the hook” longer
  - “Leak” arbitrary (fake) secrets
  - Fool attackers into disclosing their “real” payloads

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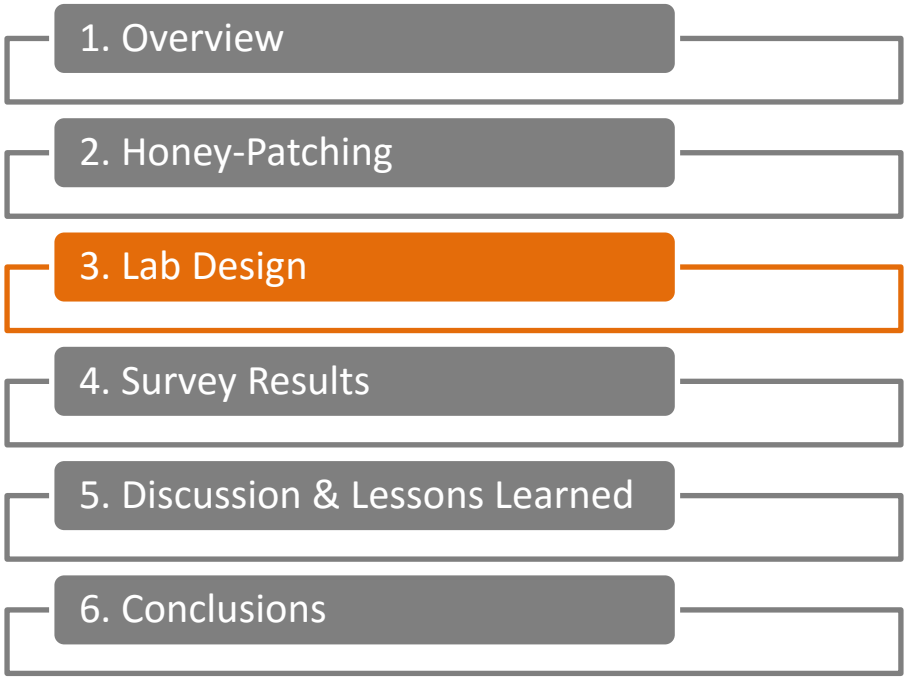
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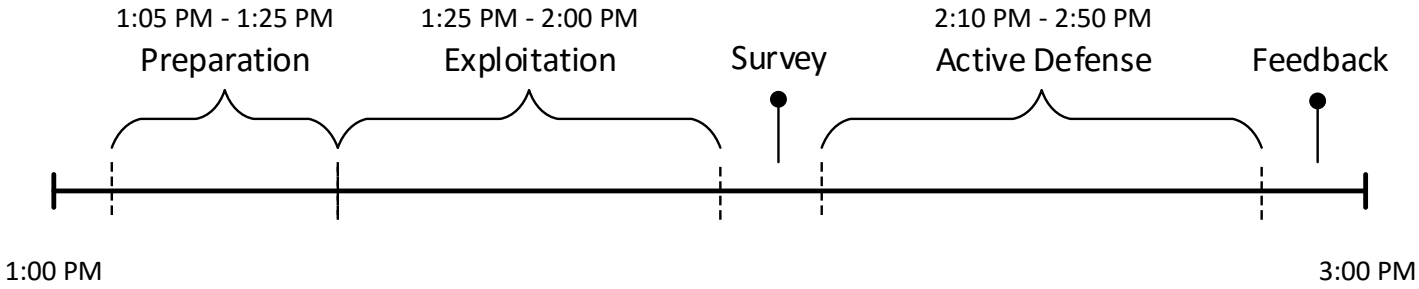
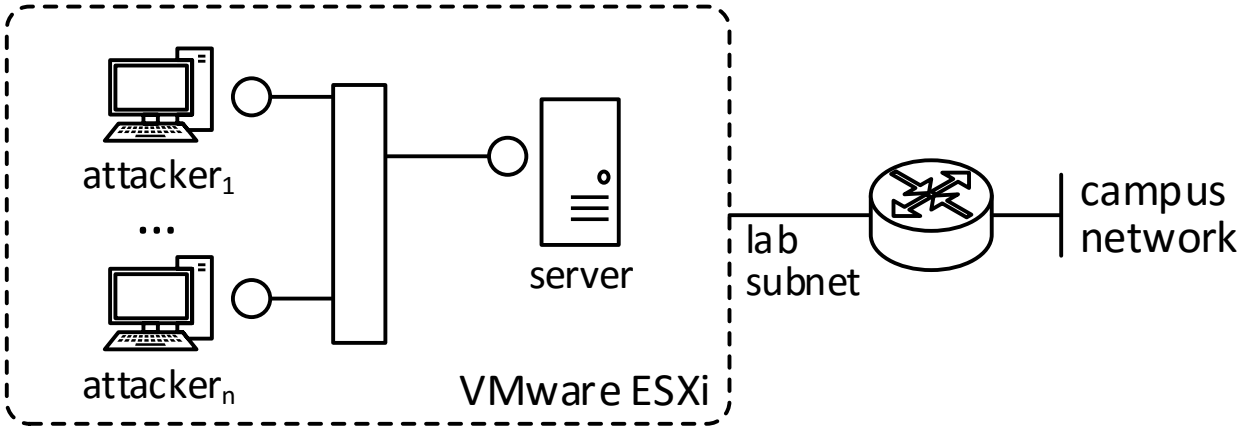
Lab Overview



Infrastructure & Preparation

- Target Server
  - honey-patched Bash against Shellshock, setup with Apache HTTP + mod_cgi
  - decoys instrumented with file-system and network monitors
- Attacker Environment
  - VMs deployed as linked clones of a base image containing all lab material
  - guests accessible from lab workstations or BYOD wireless network



Honey-Patched Target

Abbreviate patch for CVE-2014-6271

```
+ if ((flags & SEVAL_FUNCDEF) && command->type != cm_function_def)
+ {
+       internal_warning ("%s: ignoring function definition attempt", ...);
+       should_jump_to_top_level = 0;
+       last_result = last_command_exit_value = EX_BADUSAGE;
+       break;
+ }
```

Honey-patch for CVE-2014-6271

```
  if ((flags & SEVAL_FUNCDEF) && command->type != cm_function_def)
  {
+   hp_fork();
+   hp_skip(
      internal_warning ("%s: ignoring function definition attempt", ...);
      should_jump_to_top_level = 0;
      last_result = last_command_exit_value = EX_BADUSAGE;
      break;
+   );
  }
```

Decoy Monitoring

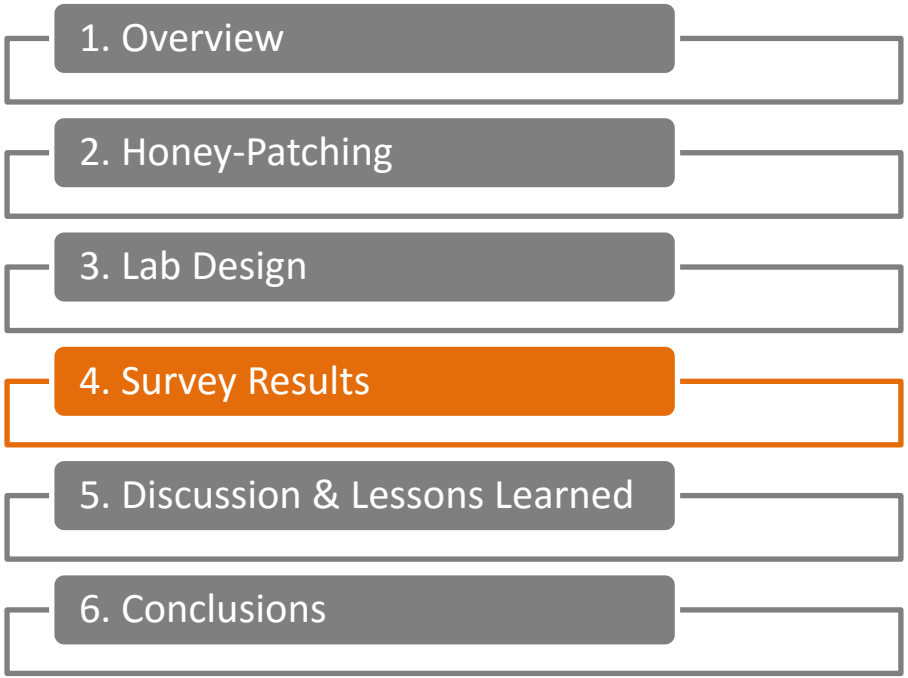
Decoy's file-system monitoring

```
1  25/04/2015—13:24:25 /usr/local/apache/cgi—bin/ I_Shocked_You CREATE
2  25/04/2015—13:24:25 /usr/local/apache/cgi—bin/ I_Shocked_You OPEN
3  25/04/2015—13:24:25 /usr/local/apache/cgi—bin/ I_Shocked_You ATTRIB
4  25/04/2015—13:24:25 /usr/local/apache/cgi—bin/ I_Shocked_You CLOSE...
```

Decoy's deep inspection of network packets

```
1  0x0020:  8018 00e5 1aed 0000 0101 080a 0032 9a09  ..............2..
2  0x0030:  0032 9a09 3261 0d0a 495f 5368 6f63 6b65  .2..2a..I_Shocke
3  0x0040:  645f 596f  750a 6c6f 6769 6e2e 6367 690a  d_You.login.cgi.
4  0x0050:  6d69 6e65 0a6e 6f5f  796f 755f 6469 646e  mine.no_you_didn
5  0x0060:  740a 0d0a                                t...
```

Outline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First Survey (2:00—2:10 pm)

Q1.	Did you succeed in attacking the server? (yes/no) If yes, what actions did you take after you were able to exploit the vulnerability? *Yes: 7/7, No: 0/7*
Q2.	Did the vulnerable server raise any red flags? (yes/no) *Yes: 0/7, No: 7/7*
Q3.	If Yes to Q2: Did you think you were interacting with a real server (i.e., not a trap)? (yes/no) If not, please explain.
Q4.	If Yes to Q2: Did you observe anything anomalous in any of the following: file-system, server responses? (yes/no) If yes, how long until you observed them?

Second Survey (2:50—3:00 pm)

Q1.	After your were told that the system was honey-patched, what actions did you take? Did you try to hack the system? (yes/no) Yes: 1/7, No: 6/7
Q2.	If you were given enough time, what would you attempt to do?
Q3.	Did you find this exercise useful for expanding your cyber security education? (yes/no) Yes: 7/7, No: 0/7
Q4.	Were the tutorial instructions clear? (yes/no) If not, please suggest improvements. Yes: 7/7, No: 0/7
Q5.	Were the student instructors helpful and responsive? (yes/no) Yes: 7/7, No: 0/7
Q6.	Did this exercise increase your interest in the research side of cyber security? (yes/no) Please elaborate. Yes: 7/7, No: 0/7

Deceptiveness of Honey-Patching

Did the vulnerable server raise any red flags? (yes/no) *Yes: 0/7, No: 7/7*

→ deception was successful for the entire duration of the first exercise

If you were given enough time, what would you attempt to do?

→ look into the services running in the decoy
→ note files of interest and their properties (e.g., author, permission)
→ look for red flags that could be used to fingerprint a honey-patched system
→ attempt to find vulnerabilities in the honey-patch components
- ❑ e.g., front-end proxy
- ❑ look for security flaws and exploit them

Learning Experience

Did you find this exercise useful for expanding your cyber security education? (yes/no) *Yes: 7/7, No: 0/7*

→ students found it exciting to see how the exploit worked first-hand
→ learning attack and active defense concepts seems to entice students' curiosity and develop their interest in applied cyber security
→ lab encouraged students to seek deception-exposing strategies and examine exploit outcomes critically rather than accepting them at face value

Did this exercise increase your interest in the research side of cyber security? (yes/no) Please elaborate. *Yes: 7/7, No: 0/7*

→ received constructive feedback from students, including proposals for new challenges, different methods of attack, and alternative defense methods
→ "*enjoyed seeing the research being done to take advantage [of attacks]*"
→ use honey-patching as a strategy to enhance incidence response

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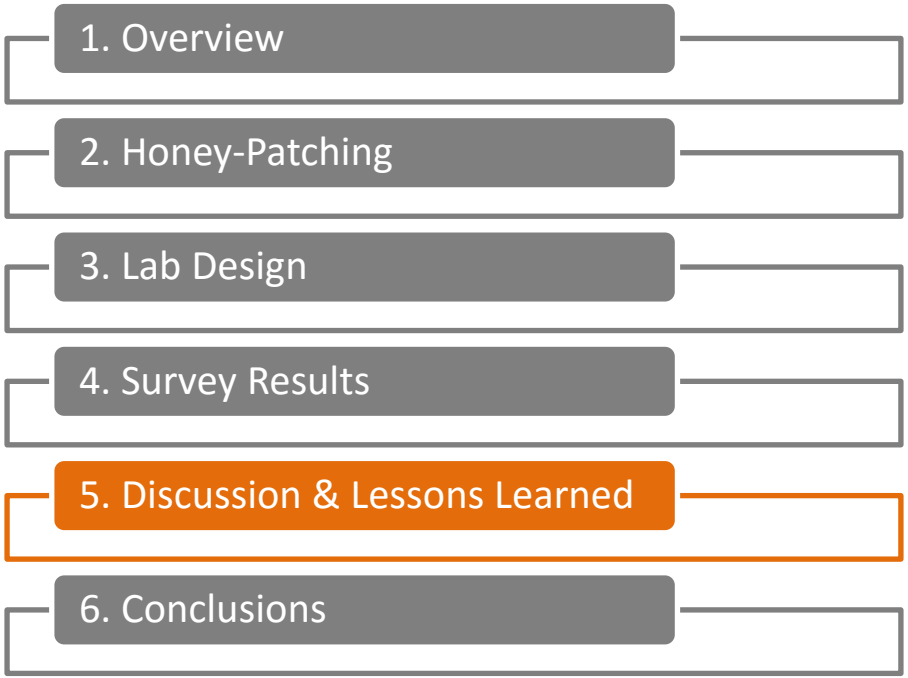
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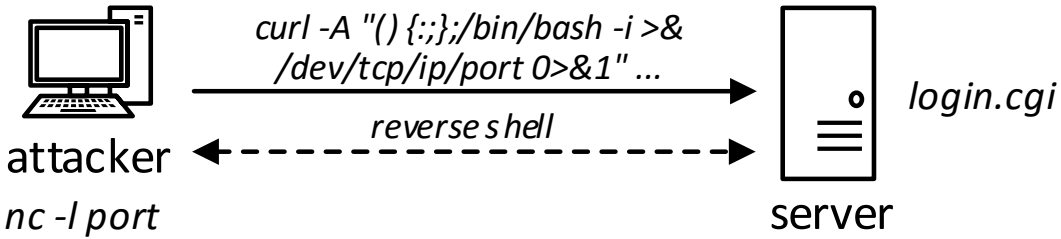
Participants

- The lab was open to any student willing to participate
  - no background requirements
- Advertisement through security and computer student organizations' homepages and mailing lists
  - lab promoted as a hands-on challenge on Shellshock exploitation and defense
- Participants
  - all CS majors, with limited experience in cyber security
  - only a few students had performed penetration tests before
  - lab was staffed by one PhD student and two Masters students who acted as tutors for the lab

Interactive Demonstration

- Delivered at the end of the *preparation* session
  - *no-one-left-behind* exercise
  - provided clarifications on concepts introduced in the initial lab presentation
  - basic working knowledge of Shellshock exploitation
- Worked well for our small group
  - but it would probably need to be adjusted for larger number of students



Lab Organization

- Short, alternating *structured* (lecturing, demo) and *unstructured* (free hands-on) sessions
  - keep students focused and motivated
  - freedom of experimentation

  → *good balance between guided and exploratory learning*
- Concealment of honey-patching *deception* during first hands-on session
  - raised students interest relative to disclosing it upfront
  - well-received by students: the deception was *benign* and *educational*

  → *evoked an element of surprise that instill curiosity in students*
- Increase in interest after introducing the *research* on honey-patching
  - evidenced by the surge in questions and discussions

Cyber Deception CTF

- Offensive-defensive team challenge
  - participants will learn and practice *deception* and *anti-deception* techniques
  - initial target: TexSAW

two different CTF styles

1
- students trained on honey-patching
- capture the flag while avoiding submitting captured decoy flags
- flag validation happens at the end of predetermined phases

2
- enter teams trained in cyber-deceptive active defense into pre-existing CTFs, without other teams knowing
- if successful, this can provide empirical evidence of the efficacy of honey-patching and other deceptive defenses

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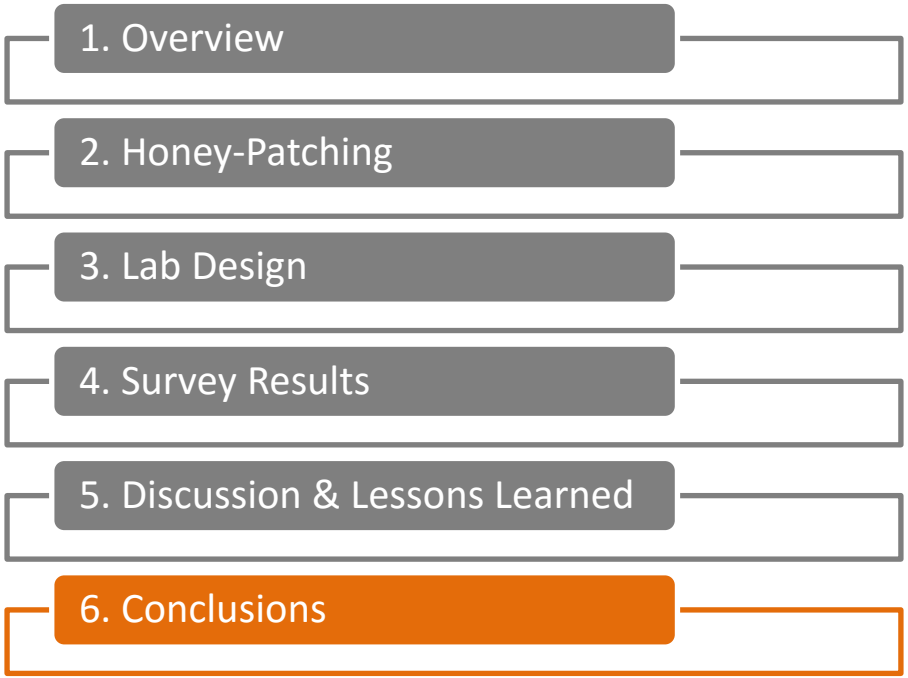
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Conclusions

- Cyber security programs should complement the classroom experience with hands-on exercises
  - invite students to try new research
  - learn state-of-the-art cyber defense tools and techniques
- Cyber deception is an increasingly important component of cyber defenses
  - level the battlefield that otherwise favors attackers
  - arms race, which depends upon effective skills
- Honey-patching as educational tool
  - links deception to penetration testing
  - introduces deception in a benign and interesting way
  - help overcome the otherwise predictable (non-deceptive) classroom environment

Thank you!

Questions?

Frederico Araujo

(frederico.araujo@utdallas.edu)